



The 5k is a 3-lap course. One lap is exactly 1 mile from the starting line back to the starting line. After the 3<sup>rd</sup> lap runners will finish along N. Washington Ave. The ½ mile mark is just north of the start line.

The Middle School course is the same, but 1- and 2-mile runners will finish just behind the starting line.

Spectators are asked to keep away from the start and the finish areas.